

~Dodgeball Rules~

Event Points			Participation Points			
Total	M/F or CO-ED?	1st Place	2nd Place	3rd Place	Total	Distribution
20	CO-ED	12	6	2	10	% of Teams/School

Rules

- Teams will be co-ed
- The object of the game is to eliminate all opposing players by getting them “OUT”. This is done by:
 - Hitting an opposing player(s) with a live ball, or
 - Catching a live ball.
- The game will begin by placing ____ (X) dodgeballs on the center line. Players will take position touching their respective back line.
- When the whistle is blown, each team will sprint to the center to retrieve the balls.
- Players must remain in their respective areas – behind the center line on their side of the court.
- Players may leave the court to retrieve a dead ball, but may not cross center court. A player may reach across center court, but may not step on or across the center line.
- A player may defend himself by using another dodgeball. However, a player is out if, when defending with a ball, the live ball touches any part of that player or the ball is dropped. If you are defending yourself with a ball, you may drop your ball and catch the ball being thrown at you to get the opposing player out.
- Anytime a thrown ball hits any part of a player’s head, the ball is dead and that player remains in the game.
- If a player catches a live ball, the thrower is “out” and everyone hit by the thrown ball remains “in”. Once a player is out, they may not re-enter the game.
- NO HEADSHOTS! If you hit someone directly in the head, you will be ejected.